



The Mind of God and the Will of God

A talk by Sydney Banks · the full transcript

The
Hidden Cause

Transcript version 1.0 · issued 2026-08-10

We're going to talk about something that everybody on the earth is looking for, and that's peace, tranquillity, happiness. There's only one way that you can actually find this, and this is by looking inside yourself and finding your very own divinity. You find out the missing link between you and what is called god, but there's only one way. There has always only been one way and that is to look inside yourself because the world you see now is simply the illusion it is in. Not the truth. It is a dream state, and the only way this can be found is via a conscious state via a mind. This mind is what you call god because this mind is the intelligence of all things. It is the creator of all things via a conscious state.

You see the secret to finding this divinity, this inner world. It's a spiritual world. It's a spiritual reality, and it actually exists. As a matter of fact, it is the only thing that does exist and this spiritual reality is found through your own mind, not your personal mind but your own mind. This own mind is the only mind that exists. This own mind belongs to the "I am." That true ego, the only ego, the only existence that lives, is this "I am-ness," and it's found through giving up the little mind to find the true mind which is the mind of god, which is all things. It's the divine. You must look for happiness through spiritual because that's what the world is. It's a spiritual being thing. It's a spiritual being thing, which has manifest itself through the mind of mankind. Via the mind of mankind does god play the game called life, and it is via the same conscious mind that you find out the secret to what is called god, Christ, and the answer must be love. Because true spirituality, true god, is an energised force with no form, so it is pure love because it is total, it is everything, and it is all understanding. It is only when the manifestation of the fact takes place and what is called nature appears and the mind of mankind getting lost in his own divine creation through greed, envy, desire, and ignorance and a lost-ness, and with this lost-ness there'll always be wars and famines and sicknesses.

To get rid of this you must turn inside and see for the fact that nothing exists but a spiritual reality, and this spiritual reality is what you call god. It is total. It has no beginning. It has no end because anything total can't possibly have a beginning or an end, and all you have to do is to see via your consciousness. You erase it. You erase your consciousness from a material mind to a spiritual mind, and the spiritual mind will show what your problems are and the material world and the answer will always be love and understanding. With love and understanding comes no judgement, no analysing, and peace because it's only a mind that's truly in tune with itself that goes through life in peace

and walks beyond the boundaries of the mind into spiritual realities that Jesus talked about. It really exists. It's not a theory, and it truly, truly exists. A spiritual reality which is inside you now that's where you came from. You simply go back to where you came from, and the journey back must be spiritual which love is. That is the only way.

To memorise words is like poetry, but the breath of life isn't in the words. The breath of life comes beyond the word. When you feel, when you go beyond the boundaries of your own little mind, you go beyond that. It shows you the secret to the mind. Therefore, it brings you peace because you know how to use your mind. You know how to find tranquillity, and you know how to find sanity. The mind is the strongest thing in the entire universe. There is nothing that can possibly be beyond the mind because the mind is god. Eastern philosophies talk about little mind and big mind. We here in the west, we talk psychology of the little mind, big mind, and the little mind in the imagination of mankind. This is his free will, free will and free mind, but someday if you ever wake up you find out it's just a hoax because you never did have a free will and free mind because being the all-ness has to be the mind and the will. There is only one will and that is the will of god, and when you stop fighting then the greatest servant will teach you anything you want because the greatest servant of all is god because everything that you've ever wanted, everything. If you can see the fact that you've already got it, the manifestation of the fact only comes when true faith appears and you see beyond your limitations of the little mind. Then the fact appears and when it appears, it appears as a miracle because it's quite not understandable because a miracle does not take place from the little mind or from here what we call nature.

All miracles take place from the big mind, that which we call god, but somewhere in the depths of your own mind you know everything that's ever been said about god. You understand the little mind, the big mind. You understand how it will bring happiness. You understand how it will bring health. You understand how it will bring youth. It's there. It's yours. It's been granted to you. It's being given to you on a platter. All you have to do is to change your mind, drop beliefs and concepts for spiritual facts. Then when you see spiritual facts at that second you're touching your own Christ consciousness, this divine consciousness which is the link between the inside world and the outside world. That same missing consciousness is the link between sickness and health, that same link is the secret to a happy marriage,

a happy life. It's the secret to all things, and it's yours. This is why Christ said, "Look within," because it's yours.

Never mind what anybody else ever said. Never mind what I say. I swear, never mind what I say. Find the feeling within yourself, and it's in beautiful, positive feelings because it's in love that this door opens and all of a sudden the spiritual that you've been looking for all your life, the one that's so full of information and knowledge, it's yours. The state of meditation is where you'll find it. The state of meditation is not a form. It is simply a mind that is at peace with itself, which is in a state of happiness and a state of understanding. Here is where the secret to all your happiness will come and when it comes it's real. It's not a belief; it's yours. It's yours for eternity.

The mind, it creates our problems and it solves them—our little mind. We get involved trying to figure it out, and it's the same mind that's trying to figure to it all out that created it and uncreated it. So it's just like a dog chasing its own tail. You've got to stop talking about the world. Don't give it any energy. Don't give in to negative energy because it grows. Just ignore it and all at once you'll start to give understanding because you'll find out that negativity is the opposite of love, and in negativity this is where mankind gets lost and this what creates all the problems.

Whatever you send forth into the world will come back. It has to come back because it really never goes anywhere because it's you. You're expressing yourself. Try and find positivity. Start to enjoy. All of a sudden, you'll start to see things positively, and this is god where starts to show himself because you want positivity and it'll be granted. You know all my life I never imagined in my wildest, wildest imagination what Christianity was trying to tell me. I never knew that if you heard just one fact of Christianity that it could heal your body, that it could heal your mind, that it takes psychology and break it down and make it so simple that you see it and you simply just become healthy. But this is god because it's the pure energy that god, only god heals. There are laws. You abide by that law. You take all the laws that have been written, but you can take them all down and just keep them going in to shorter and shorter and shorter and all the laws governing mankind would be very simple.

If you see negative, then the world you live in will be existence of negativity and everything that goes with it. If you're seeing love, that's exactly what you see and you feel because we create our own. We have the power of god to

create our own emotions, our own thoughts, our own sickness, our own everything. If you can see this for a fact, you can turn this power and look within and reverse everything and find out all the love. You want understanding, the health, but you know what it is because it's god. It's not the little ego. It's god. You've submitted yourself to god to realise that you've never submitted to anything the only thing you submitted was your sicknesses, your anxiety, your insecurity, your unhappiness. When you read the bible you read words of truth. Completely ignore what the words are saying. Completely ignore them. Just look for a feeling and the feeling unfolds, and it'll cure you of all your problems.

When you find this feeling, you'll know what it is. You'll know it's god, and just wait with patience for the unfolding. Once you pass over to the other side, then it's just patience because it'll be unfolded to you as you really want it. This is the true pass over from the little to the big mind, from here on earth to Heaven, from the intelligence of man to intelligence of god. It's passing over from the material to the spiritual. They're all the same thing. Find beautiful feelings. You're full of them. You're absolutely full of them. Let them unfold, and this is how you'll find your happiness.

God is every atom. He's everything that ever was or ever will be. It's an energised force with pure intelligence because this energised force called god is the great nothingness the mystics speak of. It's the all-giving substance whether formless or form. Pure god is formless substance, pure energy from this pure energy via the mind of mankind, what we call life, nature is formed. However, you see this nature is how you will live because whatever you see and whatever you believe will be granted because your mind is the mind of god because god is the whole. You must realise that this is what Jesus was talking about. This Christ consciousness is the awakening of the divine substance called mind. From this mind, the illusion called life is formed, and this illusion god represents himself through a form called mankind. Mankind, all it has to do is look within not outside, look within. Here people realise the substance that it was created from and at this point is free from any sickness of the mind that man himself creates because pure god spirits. God is not a spirit. That's not true. God is not a spirit; god is the spirit because there's only one god. There can only possibly be one god because god is all things, all things.

Don't try and find god by going back in the past and figuring out how life began. You'll never find it. You're searching in the illusion. Don't believe for

one second that it's outside. It is not outside. The secret lies within your capabilities of what is called your mind. The past belief and past belief, you must have faith and faith can do anything, literally anything, because faith is connecting with the divine mind. This is why people cure themselves of sickness because they have the faith that god will cure them. That faith is a knowing. It's a fact. It's a spiritual fact that is strong enough to move anything. To cure anything, to do anything, providing it is within the laws of god. All the laws of god put together no matter how you quote them, they come to one thing and that is love. You see this spiritual force called god is quite formless and the reality of man and nature comes into being. It is this spiritual force that simply manifests itself into a form. Now the spiritual force is god. The manifestation of that form is still god in another form. All the form has to do is to realise this for a fact, and the connection is made and the power to look after your own mind, to use your mind for the good of man, and for the good of yourself because it's the mind.

The mind creates the problems and the mind cures it. The big mind, the divine mind, the only mind keeps everything straight because you see what is called god is already giving every living soul on earth pure health, pure happiness, pure everything we ever, ever, ever truly desired. We've already got it. If they can see beyond their own mind, beyond their own ego, and let go of the faith and see it for a fact because people talk about spiritual life and they talk about material life. Some praise the material, some praise the spiritual, but very rarely do you ever get people that praise both. This is the connection. The missing link is how do you connect the mind of man to the mind of god? Because when you find the mind of god, you find the fallacy of the little mind. It is a fallacy. It's like the life itself is an illusion. We think we have free will and a free mind, but, believe me, if you start to look with faith you'll see that there is only one mind and one will, and that is the mind of god and the will of god because the spiritual created in a form, the material. The head must be the creator which is the spiritual force called god. Do you hear people say "the one-ness"? You hear about the father and the son being one. It's all true because the father is this energised force with no form called god. When the energised force takes form, it's the son. You could say the daughter. You could say anything, but it's all one. It is only split when the mind of man plays the game called life, and that is what they call home. When you go into spiritual reality and start to see for a fact that the world is, this is-now is nothing but

layers of conscious states, in a dream state playing something that they have called life.

Truth, when you hear truth it's what is called a realisation. It's a belief maybe something that you've heard ten thousand times, and the realisation is this word that you've heard ten thousand times, the breath of life goes into it. It actually becomes alive. It becomes another reality, and it takes itself and it sweeps negativity out of your life. You see we live in hell holes and that's what hell is. Hell is the mind that's lost its way. Hell is a state. It's not an ending. It's not a place. It's a state. It's a mind that has lost its way. A mind that's gotten mixed up in life, a mind that's troubled, a mind that's insecure, a mind that's frightened, a mind that's sick. This is what you call hell because as soon as minds get like this then they start fighting each other. Find it in yourself, and when you start to find it in yourself, you'll start to see that everybody on earth is doing the same thing. We're playing a game called life to the best of our ability but keep guilt out. You only get this guilt because you analyse and judge yourself and others. But if you stop, when you start to find truth it is the decision to stop analysing because it makes your mind become more tranquil. The only way you can get a tranquil mind is spiritually raise your consciousness and the spiritual side becomes more important than the material side. So you start to ignore the negativity in life, and the negativity in life is what creates our problem.

If you have nice thoughts and you put them out, this is what you'll see: you'll spiritually start to rise. Your thoughts get more into the love state, the understanding. Because life becomes more simple because you've been assisted, and all of a sudden starts to change because the negative things that you used to do in life, you no longer want to do them because the second you do them you know you're hurting somebody, and it gives you a bad feeling and bad feeling you can do without. But if you turn spiritually and look inside and find the tranquillity then everything starts to look nicer because you're really starting to honestly understand what people are. Then you give out positive feelings and that makes you feel good, it makes them feel good. The second you start to feel good and in a loving space or just a real nice space as I said last night, this is a passageway to find what is called god.

All is through positive and through love, that's the only way. But you can rest assured if you're hanging anything on yourself from the past and saying "poor me" all you're doing is hurting yourself and making yourself sick. It's like the

alcoholic that needs a drink. The mind needs that thought. The second the mind truly and honestly wants rid of that thought then the bad feelings and all the behavioural patterns that are attached to it will vanish like a miracle. It is simply that you have changed your mind to positive and then you understand and that's understanding and understanding is love. That's why Christ said, "The answer's love." It has to be because you see when you give love you don't give it away. You can't possibly give away. You can't possibly give the feeling of love away, and you can't. When you get it and you try and give it away, you're just giving yourself more, but you can act on it. The actions that you do will show that there is a presence of love, and if the other person listening is responsive to that feeling then they'll pick it up. The second you pick it up it opens a gap once again, and here's where you'll find god in those feelings. The feelings of love and gratitude they're really the same thing. Gratitude is an extraordinarily strong feeling because when you have the feeling of gratitude it is the feeling of love, and the feeling of gratitude is a sign of humanity. A sign of humility is knowing that it's nothing to do with you, all this goodness that's happening. It's a far greater force.

When you start to see that you are responsible for life because it's all created from a thought process, then the thought process becomes divine and comes to your assistance because you let it, you're granted whatever you wish. Believe me, that's Christianity. I never knew a few years ago that Christianity held the secret to the mind, to psychology, to psychiatry, to theology. The mind holds the secret. It's already got it because it all stems from one thing: a divine thought. You take a divine thought and you throw in space, and when it cracks open here's life, here's nature, and it's all controlled from a thought. Whatever you think will be and this is what we call life is our thought system. So you've got to start anew, you must start fresh. You don't go back in history books. You start fresh and you take this divine power and you say thank you and you take it to yourself because it's here and you start to live and it spills over just like the divine knowledge that the spirit's got spills over in you.

Then the divine knowledge that you get spills over in your children. Then the divine that children get spills over in other children and off it goes. You see even scientifically they're starting to prove that everything is spiritual. They'll never prove it because you can't prove it. You can't prove it, but you can only see it. You tell somebody else and they don't see it, so you can't prove it. But if you're a scientist and you hear truth, that doesn't mean to say that you're no good to humanity on the contrary. On the contrary, you can tell them how it

works. Like Einstein, he got divine thoughts. Nobody could understand them, nobody could understand them but to him it was simplicity. When you find the spiritual, it assists you in the material. People think that we're telling you to give up the material totally. That's not what we're saying.

Keep the feeling. Ignore what I've said completely. Ignore what I've said completely. I really mean that because what I've said to you wasn't really truth. It's just as close as possible to the truth. You see the words don't hold it. It's behind the word, what the word's trying to be conveyed. It's a feeling. Find that feeling, like that Red Sea. The two worlds packed and there's an avenue that you can go right to the other side. As I said yesterday, you pass over from the material to the spiritual, pass over that gulley, get in there, and it's always positivity, always love, always understanding. Once again, I think I'll hand you over to Shirley. I know she has a special way of closing. Last night we really enjoyed that, so I'd like to thank you. Who knows? Maybe somebody we will be back again.



*“A spiritual reality which is inside you now that’s
where you came from.”*



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