



Heaven Here on Earth

A talk by Sydney Banks · the full transcript

Sydney Banks · Shawnigan Lake · c. April 1977

The
Hidden Cause

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Spiritual facts, not spiritual beliefs that you've read or you've heard. You look for a spiritual fact, a fact that comes from within you, and if you hang on to your old beliefs of the past, of how to attain this knowledge, then you're going nowhere. If you're going anywhere at all, you'd have been there a long time ago if you already had that knowledge. You've got to start to realise that you don't know as much as you think you know then you start listening to spiritual facts because it's a spiritual world. It really is. It truly, truly, truly is a spiritual world manifest by thought via a super conscious state that lies within you, and that super conscious state is known as Christ consciousness. You see all you have to do is listen and hear or see a spiritual fact and the belief changes into a fact. The difference between a belief and a fact is a belief is dead. A fact, when seen and heard the breath of the very essence of life itself, is put into that belief, and then it reflects and changes into an absolute fact. This is touching for the first time the Christ consciousness that lies within when you start to realise there's nothing to do to find your happiness.

All you have to do is live and the spiritual realities which you are tapping will take care of you because you are a microscopic part of the whole. And because there is no separation from the whole you are and all you're doing is handing over your ignorance of yourself to your innerself to realise that the innerself was what we call Christ consciousness which is attached to what we call God, which is all one. Mankind Christ consciousness and God are all one. The only thing that separates them is our mind with its ignorance of its own divinity. What we say we think is real, and it is real because it is a separate reality; it is a reality we call life, but the creator of this reality as we know is inside because it is a spiritual reality that lies within which is the creator of all things on earth, which is known as God, reflecting and playing his game via a conscious state which every living soul has and is at all times.

You see the word is a very beautiful way to guide people home, but the word itself means nothing. It's beyond the word because when truth leaves the mouth the second it leaves the lips it is no longer a fact, it is no longer truth; it's a belief, it's a concept, and it's an idea. This is how truth is getting from mankind. It's a perfect name because you can't hear it from your mind, from your own thoughts. You must clean your mind and let the past, which is controlling you now, let it drop away and see here and now because seeing here and now is the only time you will ever see the true meaning of Christianity or the true meaning of finding yourself or the true meaning of finding God or the true meaning of what life really is. You see the beauty of

seeing this, as soon as you start to see spiritual facts then you start to see the world in the clearer, more understanding, and more loving way. And as you start to see the world in a more loving and understanding way then your insecurity and your fear and your jealousies and your hate and all your negative behavioural patterns will stop because you will start to see what is. You'll see the beauty that lies inside every living soul, the one-ness; you'll start to see the spiritual facts!

As you start to see them, your life will become what you really want it to be because you'll start to realise that you are the creator of all things. Not you as a body, you as an inner self. From here the creation inside, inside you, inside lies the secret to all social, all problems in the universe. You really don't have to go anywhere or listen to anybody because you have the secret. You have the absolute within you at all times. But because this is what spiritual awakenings do—they guide you; this is why Christ spoke of the inside. It's a spiritual awakening which changes the reality of beliefs and thoughts and concepts to facts, and the facts are always, always, always positive. They must be positive. High levels of conscious state must be more positive than the one below it. And people say, "Well, you shouldn't really say high and low." But that's not true; it's a fact. It exists because the world is nothing but a huge divine situation where every human soul is in a separate level of conscious state. It must be this because this is a gift of the free will and the free mind to see or think or feel whatever or be whatever you want to be.

And this is why we all see similar realities because we all play the same game but we all see it different. Because the way we see it we have now gone from the divine all being the same to the human seeing different. This is where the secret lies when you can go out into the human, into the outside, and you go back inside to the divine part. But it's getting in there—that's the secret. That's how you need the key, and the key is the way and the way is to look inside and see spiritual facts. When you see those spiritual facts, those are the keys that open the treasure chest that gives you more knowledge of one's inner-self, not of anybody else's inner-self. That's of no value whatsoever. You must find your inner-self, only from inside can any true level of conscious state rise or can any true knowledge of your spiritual identity—this is the only way it can come is from within yourself, only within yourself, and truth when heard is the healer of literally all things, all things. If everybody in the universe could hear, there would be no problems; there would truly be heaven here on earth. But the way it's done is each living soul finds itself, and as it starts to find itself it truly

starts to find heaven here on earth. Then one day he finds out the meaning of the whole thing, of heaven and earth and comes to the true realisation that heaven and earth are all one. They always have been and they always will be because the earth is the illusion from the heavenly state. All you have to do is to see that as fact. See you already know it because you are it.

Here is where true freedom lies. Here's where you can start to see the funny side of life because everybody has the perfect act and yet they're all little acts and any time you want you just turn round and look at a little act. You don't join their act. You just sit and enjoy the act, and if you do join their acts then you don't get caught up with the negative feelings that are created around it. You learn to go up and down levels of consciousness, because levels of consciousness is the secret to Christianity. It is Christianity. It's Buddhism. It's everything. It's all the same thing, just the names that are different. The names don't mean anything. Words don't mean anything. It's what's beyond the word where the true meaning is. This is where we get mixed up. Some say, "Well, I follow this religion." Others say, "Well, I want to follow that religion. I know they're the same. I realise they're the same. I realise, truly realise, and that we can do it together." That's nonsense. It's total nonsense.

When we find true religion there's no name on it. There can't be. It's impossible because true religion is every religion in the world put together, every one. But when you find it, it stands alone, because it's all. Whatever name anybody puts on it, it doesn't really honestly matter. True religion has no name. It just is. This just is-ness. It's god in motion. It's god and it's god following. It's god and it's god with form, formless and it's everything this is-ness. This is-ness is God. If you hear that, you'll be set free for eternity. You'll find your utopia if you can see everything is because it is. If you take a drop of water and you throw it into the Pacific Ocean, the second it hits it it's the Pacific Ocean. That's the same as us. If we can land in this ocean and this ocean is a conscious state which is directly attached to this ocean then you realise that the whole ocean is there to help to protect, to guide, to show you the way. This is what you're searching for. This is your home ground, where you came from. This ocean, this ocean of knowledge, because this place called heaven, this super conscious state when touched. It's the same thing. It lies inside. All you have to do is listen.

We know what's been happening here. It's beautiful. We know it cures sicknesses. We've seen it. We know it, but there's never an end to knowing.

Never, never stop. Never falter. Keep wide open to new experiences. Don't let yesterday's thoughts stop you from reaching this place called heaven here on earth. You must keep open and the more you keep open do you know what that is? The more you keep and in other words it's called faith and faith is power, whether unknowingly or knowingly manifesting itself directly from what we call god and the more you see the results, such as you people, those in your sicknesses and all your problems. Everything's being taken care of and your businesses will all be taken care of and you're taken care of, your children, you know that. The more it proves itself then the more courage to get deeper until someday the truth comes so much that you absolutely give up the search and you live in a world of true love and true understanding, knowing that everything happens will be absolutely perfect and it will be because you'll find the secret to perfection. You find the secret to perfection. This is what Christianity does: it leads you to the perfection of life beyond the mind to the inside and finds this perfection of life. As you travel down this road, you become your own psychologist and psychiatrist and theologian because you're beyond anything like that. That's from the mind. We know better Christianity's inside.

It's just a calming of the mind and seeing now the perfection of now, the microscopic second is just what you call a flash or an insight. This is what we're searching for: insights. Find it now. Honestly, that's the thing you'll find out. That's why it's been hidden for so many years, and the only you'll ever, ever help the universe get out of the mess it's in is by raising the level of conscious state of the universe. Then all the beauty will start to come out and all the ignorance will start to fall away and the problems that go with ignorance. It's a spiritual universe. You must go inside to the realisation of this fact. Then you will find your freedom. Then you'll find all the knowledge and all the love and all the understanding that you've ever, ever, ever dreamt of in your life. Hearing, really honestly is the greatest lubricant to help you to get to where you're going. Just makes things just slide. Hearing and not sharing problems, not sharing your past, you can do that any time, but sharing the spiritual facts that have happened to you. All the spiritual facts that lie within yourself that's where it's found, not anybody else giving it to you. Nobody can give it to you. You know what you're really searching for? You're searching for lost feelings? Feelings that you've forgot exist, feelings that are so far beyond your imagination that are long gone, and this is what you're searching for. So what we do is to try and search for information to try and find those feelings. Well,

that's going backwards. You find the feelings and these feelings turn your knowledge into a true reality. By accepting the very feeling with the knowledge, you step yet further into this state of meditation to realise more of god, more of life, more of happiness, more of the universe. Once again, you've risen a level of conscious state.

Don't be afraid of feelings. Now I don't mean to go around and prove to yourself that you've got feelings. It's nothing to do with outside feelings; it's inside feelings. It's feelings that you know you don't have to go anywhere to find your happiness and that the feeling already exists. The only thing that you've hidden the feeling it's supposed to be a happy life if you know what makes the world tick. Not what makes a human being tick, but what makes the world tick. There lies the answer actually inside. The human beings outside and the only way you can help the human being is to go inside and get all this information. Then you go outside and tell them where you find the information.

Somewhere along the line you're attracted to energy and this energy mass. There's a game called life and here you are in this game called life. This game is created from this mass via a super conscious state which has attached to it a free will and a free mind, so we're playing the game exactly the way it wants to play. The second you start to realise the spiritual fact all your social problems, all your physical and mental, all problems start to vanish because you see with clarity. That's all it is. You start to see what is instead of what isn't because what isn't is negativity and the wrongs that the mind sees and, therefore, creates more and more and more. You must go away from that. You must go beyond that, beyond the belief to the fact to the realisation that inside fully lies the answer and the secret to all life. From inside, those separate realities appear, and each reality as it goes higher and higher brings you the peace and the love and the true understanding of what is called religion.

It's truly a beautiful thing because you start to realise how nothing-ness you really are. Really nothing, just a laugh, a joke, a little cosmic joke that's appeared thinking it's really something and it's attached to an ego. We've got to feed this ego and the whole world searches in the wrong direction because we all go and feed the ego. We feed the sickness. The ego is the illusion of mankind; you must drop the ego. You must start to realise what the—you must realise how harmful the ego is, and here's where your freedom is found. The second you start to see how your ego is creating your problems at that

moment, that very moment you've seen a spiritual reality. You've seen a spiritual fact. Guaranteed the only time you'll ever see truth. The only time is in the state of meditation because in the state of meditation you're beyond the mind. You're going beyond the concept of thought because you see only beliefs need thought and belief is the illusion of life. But truth, truer knowledge, true reality needs no thought. It just is. It's a split second of god in motion, of the is-ness in motion. It just is, and if you're going to get into the state of meditation more and more, you see what is all the time. This takes no thought because the true workings of our minds is not to think it's to be an open channel to the is-ness of all things, and if you can open that channel you are and you can always have the free will to close it because the free will of mankind and the will of god are truly the same thing. So you can't give it up. It's only pretence to give it up. But you've got to have the courage to pretend to give it up, to find out that you can't because both wills are one and the will of god is all things. It doesn't matter if you don't understand because I tell you, you can't. You can't quite possibly understand from a thinking mind truth. You've just got to hear it, and if you don't hear it tonight perhaps you'll hear it tomorrow, perhaps next day, perhaps a million years from now. It doesn't matter, but you can't figure it out.

Wisdom cannot be figured out from the mind. That is, why there's no such a thing as wisdom written or wisdom spoken because before the wisdom is heard, before it's seen, it vanishes because it falls on the ears of thinking the man and truth can't be heard from the mind. It's a trick. It's a cosmic trick. It's a cosmic game. It's a puzzle. It's a gigantic puzzle, and it's our birthright to find out how the puzzle works, where the pieces go, so we search to find our own true spiritual identity. Every human soul in the world is doing this. It doesn't matter how he's doing it, but he's doing it because he is it and the is-ness can't possible hide from itself, so it's always in the game. Nothing can leave. We search in so many ways, but there's only one way. There has always only been one way, and there always ever will be only one way. You see the churches, the major churches, no matter which nationality, it doesn't matter which religion. They all have their way but that doesn't make any difference to the mind of mankind because it's the mind of mankind that has lost the way. The way has been always been here and it's written and it is perfect. But the mind of man has lost it. It's not that religion has lost anything. See, true religion is truth. It's not that religion has lost or let them down. It's they have lost their way, and if you go and take somebody else's words and you fight to find a way, you'll never

find it. In the meantime what you don't know is you have no other choice but to go and find a guide that can help you to find the way, even though he or she knows that absolutely wasting their time talking to you at all. Until someday you see beyond what's being said to find the truth and to find what you're searching for, and when you find what you're searching for you'll find out that the way, truth, whatever you want to call it, repairs your life completely.

Truth covers all things. It's a level of conscious state, and every time your level of conscious state rises the happenings or doings that you do to yourself change because every time you go up higher you see with such clarity so much more love and understanding that you're doing and what is done to also change. Because it starts to get better and better and better as you go higher and higher for the simple reason you are allowing the is-ness of all things to do exactly what it's supposed to do: give you the perfect life and all your brain is by simply going into this state of meditation and seeing spiritual facts you're opening the channel of your mind to cleanse it completely so there is nothing in the way between you and the true god of all gods. The true land of knowledge, whatever you want call it, call it heaven, call it anything you want. These are only names that don't mean anything. Don't get caught up in names. We use words to try and describe an indescribable. Don't listen to the words. Listen beyond the words. It's something you already know. I'm not telling you anything new, nothing new. There's nothing new to say, nothing. It's something you already know, and it changes your life of beliefs to one of facts.

There is absolutely no way, absolutely no way that it is possible for mankind to fix all its problems: all the starving children in the world, all the pollution, all the killing, all the crimes, and all the problems, social problems. It is absolutely impossible for mankind to fix that because those things are created from the same mind of man. Mankind, when he doesn't know what facts are, when he doesn't know what truth is, he must conform to the level of conscious state that he dwells. Whatever we see now on this earth is whatever our collective state of consciousness has created. The only way you can get out of it is to raise the level of conscious state of humanity and to do this there is no intellectual mind in the world capable of doing it. It can only be done by looking inside and seeing truth, and the second people start to see truth it is very contagious because the living souls that are ready will hear it. Once you see spiritual facts you start to hear people. You start to see the beauty that's in people that you've missed because you were to talking to yourself and know what it is. It's what everybody's searching for: tranquillity, love, understanding, understanding the

secrets that lie within. That's where the truth lies. Understanding the spiritual truths that lie within and you don't have to. You can't. You can't possibly find this secret that you search for happiness outside.

You can't possibly think it. You must see it, and all you have to do is listen. Just listen to truth that you've heard now. I guarantee that you will find your happiness if you want it, and if you don't that's beautiful because it just means you're not ready. Very simple. Just listen to simple. That alone is a challenge to the mind because it can't be that simple. Well, it's so simple you already know. How simple can it be? And how nice it is to find that there's nothing you have done, nothing wrong in your life, and all of a sudden you find this truth. Then the wrongs, so-called wrongs, get less because you understand this freedom. Freedom lies within. It lies inside. You can't run away from it. The more you run away from it the less you get. You've got to look inside to find your spiritual identity. I swear that's where it's at; I swear if you see what I'm talking about you'll never again have to walk into any kind of workshop or psychologist or psychiatrist. You'll never need anything—I swear it to you—because you're not finding a belief. You're finding a fact and that fact manifest becomes alive, then you're on the road to freedom.

Very soon you start to realise, give up the search. If you ever find it, no matter how hard you've been searching, if you ever find what I'm talking about sure as fate the first thing you'll say to everybody is "give up the search." They'll say back to you "But you've been searching for years." Took me years to find it, and you'll say, "Yes, that's because I kept searching." So it's simple. I know it sounds ridiculous to say give up the search, and I know from the Mayans that it isn't that easy. But if you hear what I'm saying and go beyond the Mayans, you'll find that it is easy because you already know. That's a fact.

Once you see the difference between a belief and a fact, your life changes because it's like you're being reborn because you start to life. You start to see the beauty that lays out there, not all the negativity. Because if you can see the beauty or the understanding the negativity isn't negativity. It's just lost souls on a lower plane of consciousness not knowing what they're doing. It's got nothing to do with you that they are there and we're here. If any people want to come over and find out how to get un-lost, then jump up here because that's what it's about. The more you can give away the more you get back because the more you give away the more you're accepting and telling the world it's a reality. So then the more you can handle you get more and you get more and

get more, and then you start really letting it out and get bailed back again because it's endless. Every step of the way is more understanding that it truly is a spiritual reality.

It's a constant flow of energy. You've got to see the falseness to see the truth, and our minds have got it upside down because that's the trick of the mind again. [Why the ego remains 37:25] it all has to fight to prove its own existence. The one thing you should never do is get serious. Because if you get too serious about your search and you start to get upset and blame yourself, then you're feeding your ego an insecurity and you see insecurity is not a fact. It's only a thought from the mind the same as all the feelings. They're not a reality. They're just a thought. We are the creators of the thought because it comes from the mind. Go beyond the mind and you find out the fact that insecurity is indeed a thought. If you see this again, you'll have no doubt at all. You will then see the secrets to life because insecurity keeps all negative games going. It's a perfect game. Nothing's wrong. It's only the way that you look at it that's wrong. You see all these things are created from this is-ness, this nothing is-ness. We're all created for a reason because they are. They are god and the will of god is all things, but it's a secondary game called life that we've messed up while it's raising the level of conscious state so's that they can start to see that this is a fact. It's not like changing to another a belief. As I said, it's a fact. You must see a fact, and a fact is consciousness which is inside you now being revealed to you. Not intelligence, not intelligence from the mind. I'm talking about the true intelligence which is a quietened mind, which is a mind which is an open channel to life. All it sees is the is-ness, and then you find this is-ness. All things are perfect, and the mind is used as the receiver of the is-ness. It covers all things. You don't have to talk about your problems and the secret is to bypass them, look within, and there lies the knowledge that only you, only you can see.



“You’ll see the beauty that lies inside every living soul, the one-ness; you’ll start to see the spiritual facts!”

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Sydney Banks’s words are unaltered.

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