



A Divine Thought Is a State of Meditation

A talk by Sydney Banks · the full transcript

The
Hidden Cause

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Well, fellas. Friday evening, your seminar will be on. Briefly, we're really thinking about you, and we're really honestly glad that what happened, happened. We're honestly glad we found out where you had slipped. It taught us so much, you wouldn't believe. Just think of it this way. If you'd gone through it without finding out and the girls had come, all this hassle would've happened during your seminar. Those feelings would've been there. It would've been awful.

Then, there would've been awful feelings after it until you saw—until you eventually saw what you had done. But this way it was done before. And obviously, George, you had gone from a low state to a high state. You'd seen something. And this is beautiful because then you could give that beauty out at your own seminar. And the next time, Barb and Elsie will come down and give you a wonderful surprise, a wonderful surprise. Believe me. Those pair are growing so fast it's incredible.

The growth that's in us now is so expanding that we can hardly keep up with it. And it's beautiful because the higher we go, the clearer it becomes what we have to do. And we give it to you people. And you've got to look at it in a different light now. Is knucklehead there? Which one? Well, all stand forward, come closer. No, I'm only joking. Honestly, we're all knuckleheads.

But I'll tell you what's to be done now. You've got to start looking at yourself like what other people are seeing you. Other people are seeing you with something special. And this is what you've got to do: you've got to stand and look in the mirror and see that you've got this something special. And it's not a hoax. It's not a trip. You don't want trippers. You've got something beautiful to tell. You've got something that can change psychology of the world, so tell it.

You tell it your way. You know, a suggestion is just keep what you're doing. Keep doing what you're doing. And at university, you have a class. And as this class gets interested, their appetite will be so whet that they'll want more. So what we'll do is I'll send you personal tapes to you and George and Keith. And you'll grow. And as you grow, you'll give it to the students. You give you to the students, not Syd Banks. You give you to the students.

Then, the interest will come. Believe me. Your class will grow. And from there, you can step outside into your hall, your seminars, and you'll be ready. But please, take my advice: expand your class. Don't be afraid to tell people you've

got something new. And don't talk my words; talk your words. And they'll expand.

If they see something very special in you, this is beautiful. But it's no good unless you see that something special in you. Because if you don't, you'll hang onto the past. Now, this seminar that you got caught... You got caught on. This is tremendous because, you see, all this is, is you reexperiencing life, seminar, or whatever you want to call it. You are reexperiencing it, and this time, the experience was different. You saw it different. And that's beautiful. That's what they call growth. That's what you're looking for.

You're looking for a new experience, so the next time, if it comes through this university, if it comes through this class, it comes through the expansion of people wanting to just talk. Tell people that it has nothing to do with techniques. It has nothing to do with any kind of rituals. It's simply talk. You talk and you tell them. You become a lecturer and respect you as lecturers. Concentrate on that one point, that class expanding and your hall. And you'll have no problem—I promise you, you will have absolutely no problem.

You see, what we keep forgetting is there's something way beyond us. It's a way beyond us. It's a power. It's a force. And you get in contact with that force, and it'll take you. It'll protect you. It'll guide you. Everything. And you're looking for tranquillity. You're looking for peace of mind.

You must be getting fed up, running around, fixing everybody else's problems. The main thing is to fix your own problem. Listen for yourself. Be super selfish. Listen for yourself. Once you find it, it will be so obvious that everybody will want it. But you must find it for yourself. You see, the trouble is most people come here to find it to give it away. And they're so anxious at the first glimmer that they're running to give it away, and all they're giving away is a glimmer. But they're giving away truth. They're just giving a glimmer.

But this glimmer is so beautiful they think that they've made it; they've got the utopia. They got it all fixed, but ignore that glimmer. Wait until you see a fact. Then see what happens to your life. Because a glimmer of a fact, seeing a fact, it's like night and day. It literally takes you from the first order of reference, that which you have known all your life, to something so new, so beautiful, so tranquil that it takes you to that second order. And that second order is a state of meditation where you can see with clarity that there truly is more than one reality. There are other worlds within the world that we know

now. And this is what you're starting to get the scent of. It's coming strong. Keep following that scent, and you'll arrive there.

But remember, there's no end to it. The idea is to stop trying and stop seeking and just be wide open. Wide open to new experiences. That's all. Wide open means forever wide open. And to be wide open, all you have to do is to learn to be happy because happiness is wide openness. You see, you can't learn anything in negativity. You honestly can't. Nothing concrete. You must teach, in your classes, positivity.

Teach the benefits of being positive in thought. Teach the dangers of negativity. But very little, very little teachings on negativity. Concentrate on the positive side of life, the positive thought, how the positive thought leads you to positive doings. Positive doings and positive thought un-create emotional problems. Because when you're thinking positive or you're in a happy frame of mind, it is literally impossible to be unhappy. And it's only in that unhappiness that you get emotional problems. Emotional problems are all thought.

You all create from thought. To un-create it, it's simply changing thought. And this new thought, if you can see it, it's like—it's an inner thought. It's a divine thought. And a divine thought is a state of meditation. You see, a lot of people think in a state of meditation you don't think. This is not true. There'd be no sense at all in having a state of meditation or having a brain or a mind if you didn't think because nothing would be able to come in and nothing would be able to go out. So that's not true.

The only thing is you get divine thought. And a divine thought is a thought from the second frame of reference. But the thought from the second frame of reference is this divine thought, this meditative state. When I say it needs no thought, what I mean is it needs no thought from your past frame of reference. You don't have to go into the library and dig out all this garbage or memorize it. It's simply there. And it's new.

And this is what you'll start to find as you start to go higher and higher yourself is that when you go to class, it'll just come out. Because wisdom, which is this inner intelligence which is alive, which is yours, it's absolutely dying to come out because it creates happiness. It shows people the way to rid themselves of emotional upsets and mental anguish and problems in their work, problems in their marriage, problems with their sex life, problems with

their children, problems with alcoholics, problems with drug addiction. Problems in every possible way are covered automatically the second one of your students hears one thing beyond the word.

You see, once a student hears beyond the word, then he's beyond what you'd called modern-day psychology. You have a little genius. Do you know what a little genius is? It's a person who has taken the lid off of limitations, immaterial what subject it is, whether it be science. Then you had Einstein who took the limitation off his own mind and saw things way beyond the mind of modern-day man. And it's the same with the people who take the limitations off of the mind and see the spiritual psychology that you're talking about now.

Because, believe me, you see, what's happening now is Barb and I are going at such a tremendous speed that people can't hear us anymore. Now, we could come down and talk, but we've done that for five years. And it's really not helping anybody or anything because it's going lower and lower. But then, Elsie's here, and Elsie is on another level which is tremendous limitations have been taken off her mind. She is a genius.

Then there's people like you, Roger, Keith, other psychologists that are starting to listen, and you're hearing it on a level beyond the mind which, once again, is a genius. There's no end to the mind. There's no end to being a genius. There's no end to being what is called a genius. And if you take a genius in psychology, then you've got one of the greatest things on earth to help mankind. Because it's not a genius on one specific subject, it's a genius on life, on the mind, on health and happiness. And that's what you people have.

And I honestly couldn't go out right now and talk to the public. That's why I had to give everything away. I gave it all away to receive what I want. And what I want is more knowledge, more peace, more quiet. That's what you have to do is stop running around, settle down, find more peace. Find more time at home, and it'll all happen.

Well, folks, I really love talking to you. And the next time you have your seminar, I'm sure that the girls would love to come down, absolutely love it. So just be aware that you are honestly doing a beautiful job. And what we catch you on, we'll catch you less and less because we won't have to. And someday, hopefully, we never catch you again as long as we live. We're not interested in

it. And by that time, you'll be so free and so happy that you'll just be growing and growing and growing. Then, who knows what'll happen then?

So until then, I'll let you go. Let me know how things went. Okay. Bye.



*“And this new thought, if you can see it, it’s like—it’s
an inner thought.”*



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